

25 March 2020

EFAD response to COVID-19 emergency

Dear EFAD members,

Thank you for the superb and incredibly fast response to EFAD's request for information on dietetic treatment of patients with COVID-19.

We have collated, and in some cases translated (using Google Translate), all the information we have received so far. All information is uploaded to our web site public page www.efad.org
We will continue to add information as we receive it.

To help you access information quickly here is a list of what is already available:

1. In the Netherlands two dietitians report that their working environment has changed in recent days from a peripheral hospital to an acute care centre. They have adopted a **generic nutrition policy** for the departments where the corona patients are admitted, which they are happy to share see the [Dutch](#) & [English](#) versions
2. Colleagues from Ireland have shared six documents giving dietitians advice on **nutritional support for patients in Intensive Care Units** see <http://www.efad.org/media/1934/4-icu-nutrition-support-resources-20200324.zip>
(English)
3. The British Dietetic Association (BDA) has published **advice for dietitians and the public** on their web site <https://www.bda.uk.com/resource/covid-19-coronavirus.html>
(English)
4. BDA Critical Care Specialist Group has today (25.3.20) published new guidance on **management of nutrition and dietetic services during the COVID-19 pandemic** <https://www.bda.uk.com/resource/bda-critical-care-group-covid-19-guidance-published.html>
5. In Israel dietitians have expedited a joint position paper regarding the **nutritional treatment of patients on prolonged mechanical ventilation** - it was published on 23.3.2020. It was written by leading dietitians from the ministry of health and our NDA.
Hebrew version see [here](#) – with list of references in English on page 21
English version to follow
6. In Spain dietitians have produced a position paper on food and nutrition recommendations against the coronavirus crisis, with **recommendations for healthy people who are in confinement, pregnant and nursing, people with mild symptomatology in COVID-19 and critical patients in ICU.**

Spanish version – see <http://www.efad.org/media/1935/alimentacioncoronavirus.pdf>
English version to follow

7. Handbook of COVID-19 Prevention and Treatment (First Affiliated Hospital, Zhejiang University School of Medicine has treated 104 patients tested positive for COVID-19 in 50 days; and it has achieved zero deaths in patients diagnosed, zero patients misdiagnosed, and zero infections in medical staff) Page 31 describes **nutritional treatment in general terms**

English version: https://covid-19.alibabacloud.com/#J_8102420620
Italian and Spanish versions coming soon

Hinke Kruijenga highlights items to note from the Chinese manual and gives additional information from The Netherlands see in [Dutch](#) and [English](#)

8. ESPEN will soon publish practical guidance for Nutritional Management of Individuals with SARS-CoV-2 infection. See <https://www.espen.org/guidelines-home/espen-guidelines> for guidelines already available
9. The Hungarian Dietetic Association has published Infographics for the general public. See CoronaVirus Nutrition Guide [1](#), [2](#) and [3](#).
10. The Dietetic and Human Nutrition Section of the Hungarian Chamber of Allied Health Professionals published the [Policy on Dietetic Work during the COVID-19 outbreak](#) (Hungarian only)

Please send us any information you have to share as soon as possible. It can be in original language, but an English translation would be appreciated if possible.

These are difficult times and dietitians have a vital role to play too. Thank you all so much for all you are doing to combat COVID-19 across Europe.
Please let EFAD know how we can continue to help and support you

Kindest regards

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The European Federation of the Associations of Dietitians (EFAD)
EFAD – the voice of European Dietitians

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